

## What To Bring To Camp

*This is a recommendation of what to bring to make your camp more enjoyable:*

- Wet weather gear / rain coat
- Personal Medication
- Hat
- Jumper or Jacket (Canberra can get cool at night all year around)
- Covered shoes for any extended walking (we are in the bush, therefore we do have snakes and spiders)
- Insect Repellent

*For overnight stays:*

- Linen: 1 base sheet + top sheet or sleeping bag & pillow case and towel
- Toiletries including soap or body wash and shampoo.
- Extra pillow if you like (each bed has one pillow provided)
- Linen Packs are available to hire – must be pre-ordered.

*Additional items for Guided Activities:*

- Extra pair of closed in shoes. Closed in shoes must be worn for all activities.
- Sun Screen
- Water bottle
- Full length tops or shirts. Short tops are not suitable for activities, especially if using harnesses
- Short pants but not too short, especially for harnessed activities
- Hair band to tie back long hair
- Hats or Caps (NOTE: hats or caps with a knob on the top cannot be worn under Helmets)
- Swimmers with a cover shirt, or light clothes you don't mind getting wet for Water Sports

**Note:** Outdoor activities may result in damage / soiling of clothing. Please ensure clothing is suitable for outdoor recreational use.

*Extra stuff you might need:*

- Carry pack (for bush walking and carrying gear to activities)
- Plastic bag to take wet or dirty clothes home in
- Torch
- Swimmers & Beach Towel (for Causarina Sands swimming)
- Camera